

# SAN JOSÉ STATE UNIVERSITY

## Winter 23/24 Sustainability Newsletter

Happy Holidays Sustainable Spartans! Read our newsletter to learn about our latest updates. Embrace the cozy vibes of the season and take some time to recharge and focus on your well-being. Follow us on Instagram, Twitter, Facebook, TikTok, and Discord to stay up-to-date on events and important announcements from the Office of Sustainability.

### SUSTAINABILITY REPORT

SJSU Progress on the United Nations Sustainable Development Goals



**SJSU** SAN JOSÉ STATE  
UNIVERSITY

[SJSU Sustainability Report](#)

We're thrilled to announce the release of our much-anticipated Sustainability Report 2023, highlighting SJSU's strides toward the United Nations Sustainable Development Goals. This comprehensive report encapsulates our commitment to sustainability and showcases the progress made in various realms. Dive into the report by following the link above to explore our initiatives, achievements, and contributions towards a more sustainable future. Your support and

engagement in our sustainability journey are invaluable, and we're excited to share this milestone with you.

## QUICK ENERGY SAVING TIPS *in your office*



### UNPLUG APPLIANCES



Unplug or turn off appliances such as printers, coffee pots, and fans overnight and when not in use.

### ADJUST THERMOSTAT TEMP



During the day, set thermostat to 78° in the summer/68° in the winter and shut it off overnight. Don't forget to close your windows and doors when the AC/heat is on.

### TURN OFF THE LIGHTS



Turn off the lights every time you leave a room and at night.

### REDUCE COMPUTER POWER



Shut down your computer at night and put it on sleep mode during the day when not in use for 20 mins or longer. Use low power mode.

## Campus Shutdown Guide: Prepare Your Campus and Dormitories for Winter Break

As we prepare for the upcoming winter break, it's crucial to ensure our campus and dormitories remain energy-efficient during this period of reduced activity. To support our commitment to sustainability, we're sharing essential tips tailored for both campus facilities and dormitory residents to facilitate energy savings.

### **For Campus Facilities:**

- Optimize Temperature Settings:** Adjust thermostats to lower settings across campus buildings. This helps conserve energy while maintaining reasonable indoor

temperatures.

2. **Illuminate Responsibly:** Turn off unnecessary lights in offices, classrooms, and common areas before leaving for the break. Embrace natural light where possible to reduce energy consumption.
3. **Power Down Electronics:** Shut down computers, printers, copiers, and office equipment. Unplug chargers and devices not in use to prevent standby power usage.
4. **Secure Building Envelopes:** Ensure all exterior windows and doors in campus buildings are securely closed and locked to maintain indoor temperatures and prevent heat loss.
5. **Adopt Energy-Saving Habits:** Encourage the campus community to use power strips for easy shutdown of multiple devices and to follow specific shutdown procedures for labs or research spaces.

**For Dormitories:**

1. **Temperature Control:** Adjust thermostats in dorm rooms to conserve energy while ensuring a comfortable temperature. Avoid the use of personal heaters.
2. **Lighting Conservation:** Turn off lights when leaving the dorm room. Use natural light during the day and switch off all lights before departing for the break.
3. **Electronics Shutdown:** Power down computers, laptops, chargers, and any personal electronics. Unplug devices that won't be in use during the break.
4. **Window and Door Closure:** Close and lock windows and doors securely before leaving the dormitory to maintain insulation and conserve energy.

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## Sustainability Month Events Recap

During October Sustainability Month 2023, our community came together for 11 exceptional events that not only strengthened our bonds but also deepened our commitment to a greener future. From the buzz-worthy clothing swap to the engaging tote bag workshop, the informative sustainability fair to captivating movie nights, each event was a testament to the power of collective action. The Sustainability Tour, in particular, provided an eye-opening exploration of sustainable practices right here on our own campus.

Heartfelt thanks go out to every participant who contributed to the success of these events. Your enthusiasm and commitment to sustainability are not just commendable; they are the driving force behind positive change. As we bid farewell to this impactful month, we eagerly anticipate your continued support and participation in our upcoming events. Together, we are leaving an indelible mark on our campus and beyond.



## Successful Climate Change Career Panel

Our recent "Climate Change Career Panel: From Passion to Profession, Building a Career to Combat Climate Change" was a resounding success, thanks to inspiring insights from our distinguished speakers:

- Saara Ranabhat, Climate Action Program Intern, City of Santa Cruz Climate Action Program
- Kristen Wonder, Sustainability Strategist, Founder & CEO of Sustain With Wonder
- John Brazil, Transportation Options Program Manager, Department of Transportation, City of San José

The event witnessed active engagement from students eager to learn from

these professionals, showcasing the collaborative spirit of professors, administrators, departments, and clubs. While we gather exact attendance details, the initial estimate points to an impressive turnout of around 80 attendees.

A big thank you to all contributors! Your enthusiasm sets the bar high for future events.



# Climate Change Career Panel

FROM PASSION TO PROFESSION  
BUILDING A CAREER TO COMBAT CLIMATE CHANGE  
**NOVEMBER 7TH - TUESDAY 12PM**  
**DUDLEY MOORHEAD HALL, ROOM 227**  
ENJOY FREE SNACKS!







Saara Ranabhat, Climate Action Program Intern, City of Santa Cruz Climate Action Program  
Kristen Wonder, Sustainability Strategist, Founder & CEO of Sustain With Wonder  
John Brazil, Transportation Options Program Manager, Department of Transportation, City of San José

SJSU Green Campus

## Bountiful Harvest:

**Campus Community Garden Achieves Record-breaking Success this Semester!**

Big news from the Campus Community Garden this semester! We had our biggest single-day harvest ever, 120 pounds during our annual harvest festival, pictured above. Over 100 student volunteers this semester completed over 500 hours of service with us. We also hosted 15 classroom visits to the garden, growing our connections with SJSU faculty and staff. Lastly, for this whole year, we harvested over 1,400 lbs of food and collected over 8,000 pounds of food scraps to be composted.



## SAVE THE DATE: EARTH DAY 2024

The Environmental Resource Center (ERC) at San José State University is thrilled to announce the return of our annual Earth Day celebration! We would like to extend a warm invitation and friendly reminder to mark your calendars for this exciting event.

For Earth Day 2024, we're turning up the heat on plastic pollution with the theme "Planet vs. Plastics!" Join us on Thursday, April 18th, as we unite the SJSU community and beyond to raise awareness about the critical issue of plastic waste and explore innovative solutions for a

cleaner planet.

We're excited to welcome new partners who share our vision for a plastic-free planet and a more sustainable future. If your organization is interested in participating in our Earth Day celebration or would like to know more about the event, please don't hesitate to reach out to us via email at [ercsjsu@gmail.com](mailto:ercsjsu@gmail.com).

THE ENVIRONMENTAL RESOURCE CENTER

PRESENTS

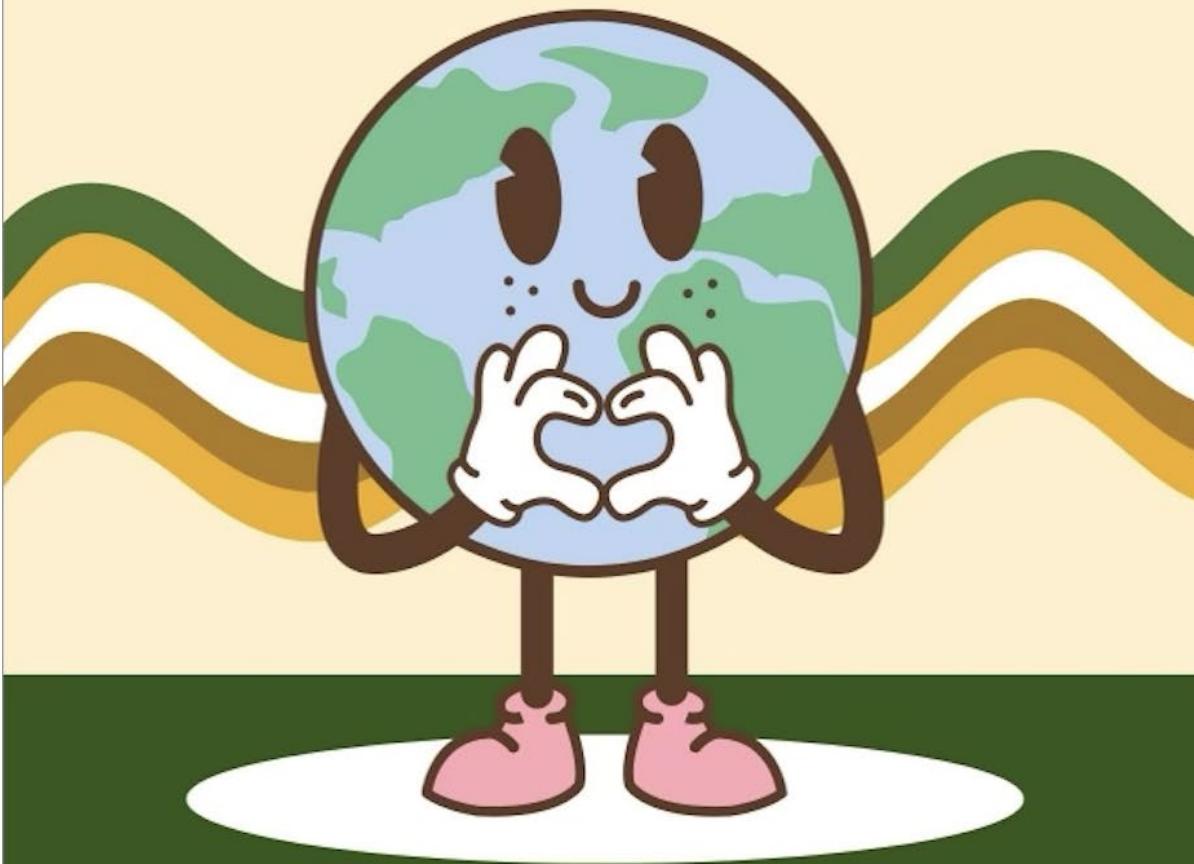
# EARTH DAY

## 2024

APRIL 18

10AM - 2PM

### PLANET VS. PLASTIC



JOIN US AT TOWER LAWN

# Graduation Gown Donations!

Congratulations to our Fall 2023 Graduates! Consider donating your graduation gown to the Clothes Closet! The Clothes Closet is designed to help alleviate two major issues: massive waste generated annually by discarded clothing and students unable to meet their basic needs.

We are looking to have some gowns for future graduates, and hoping to relieve the stress of purchasing a graduation gown by providing them for free to those who can't afford to purchase them in our Clothes Closet. Email us at [sustainability@sjsu.edu](mailto:sustainability@sjsu.edu) to schedule a drop off or just leave it in our donation box in front of our office at any time!



Have a graduation gown  
collecting dust in your  
closet?

DONATE IT TO CLOTHES  
CLOSET!



# Fill Your Water Bottle on Campus

This handy map points you to refill stations across campus, making it easy to fill up your water bottle on the fly. Say goodbye to single-use plastics and hello to a more sustainable SJSU. Hydration made simple, just the way it should be!



## Jobs List

09.00 AM

[Full Jobs List](#)

## Volunteer List

10.45 AM

[Volunteer List](#)



San Jose, CA 95192

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