

**SAN JOSÉ STATE UNIVERSITY**  
**PSYCHOLOGY DEPARTMENT**  
**PSYCHOLOGY 165: Theory and Methods of Counseling**  
**SECTION 01, Fall 2022**

**Course and Contact Information**

Instructor Simone Lundquist, Ph.D.

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Telephone (408) 924-5634

Email [Simone.Lundquist@sjsu.edu](mailto:Simone.Lundquist@sjsu.edu)

\* The fastest, safest, and best way to contact me is via email

Office Hours Mondays & Thursdays, 2:45 - 3:45 PM

\* By appointment only, via email \*

Class Days/Time Monday & Wednesday, 1:30 PM – 2:45 PM

Classroom DMH 355

Prerequisites PSYC 1

TA David Lee, [foto.lee.808@gmail.com](mailto:foto.lee.808@gmail.com)

**Course Description**

From catalog: Major theories of behavioral change, with emphasis on counseling of persons with problems in occupational, social, family and individual adjustment.

This course examines the major theories of behavioral change with emphasis on counseling individuals, examination of research in psychotherapy and application of theory to case material.

**Course Learning Outcomes (CLO)**

Upon successful completion of this course, students will be able to:

*CLO1* - Discuss the major theories of counseling including therapeutic goals, assessment, therapeutic relationships and therapy techniques

Assessment of CLO1: Quizzes, final exam, application papers

*CLO2* - Compare and critique the major theories of counseling and psychotherapy, including Psychodynamic, Humanistic/Existential, and Behavior/Cognitive therapies, Family Systems  
Assessment of CLO2: Quizzes, final exam

*CLO3* – Explore the Fourth Force in Psychotherapy and beyond: Social constructivism and Postmodernism.  
Assessment of CLO3: Quizzes, final exam, group project

*CLO4* – Discuss an integrative approach to psychotherapy and application of theory to case material.  
Assessment of CLO4: final exam, application papers

*CLO5* – Examine current research in psychotherapy methods and techniques.  
Assessment of CLO5: Quizzes, group project, final exam

*CLO6* – Develop beginning counseling skills.  
Assessment of CLO6: Counseling skills papers

### **Program Learning Outcomes (PLO)**

Upon successful completion of the psychology major requirements...

*PLO1 – Knowledge Base of Psychology* – Students will be able to identify, describe, and communicate the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.

*PLO2 – Research Methods in Psychology* – Students will be able to design, implement, and communicate basic research methods in psychology, including research design, data analysis, and interpretations.

*PLO3 – Critical Thinking Skills in Psychology* – Students will be able to use critical and creative thinking, skeptical inquiry, and a scientific approach to address issues related to behavior and mental processes.

*PLO4 – Application of Psychology* – Students will be able to apply psychological principles to individual, interpersonal, group, and societal issues.

*PLO5 – Values in Psychology* – Students will value empirical evidence, tolerate ambiguity, act ethically, and recognize their role and responsibility as a member

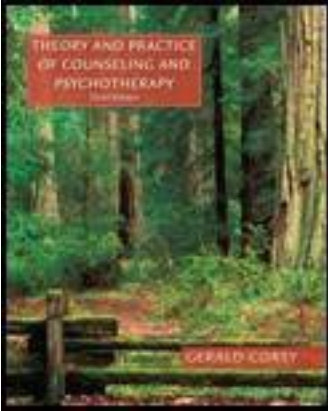
### **Required Texts/Readings**

There are two sources of readings for this course. Both are required reading. The text can be purchased from the bookstore or online at your favorite used (or new) site. We will also be using a number of related articles which can be found on Canvas. I expect you to have completed the readings prior to the class meeting, including the book and the assigned articles. This will greatly facilitate our discussions and will help you get answers to questions that will arise while you read each assignment.

### **Textbook**

*Required Text:*

*Theory and Practice of Counseling and Psychotherapy* (10th edition) by Gerald Corey. (2013). ISBN 978-1-305-26372-7 (10<sup>th</sup> edition is the version used by this class, but any edition of this textbook will work for this class)



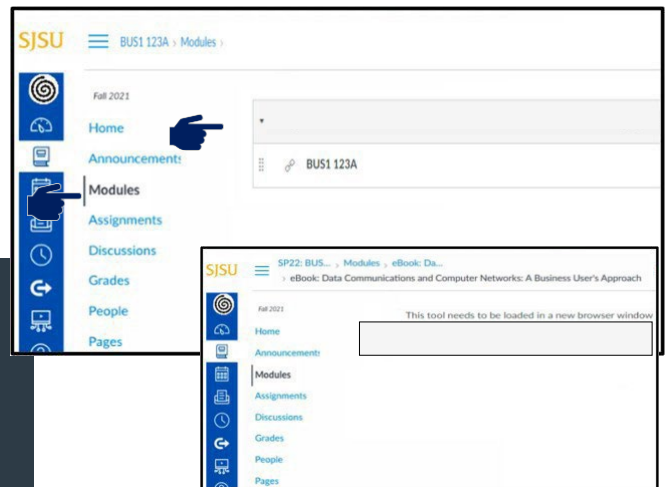
**eBook Option (available for \$39.99 through Cengage)**

Students must log in to their Cengage accounts or create a new one if they never had a Cengage account before. You can follow this video for step-by-step instructions to register. "eTextbook on Canvas Registration and Login": <https://play.vidyard.com/MyUcscbmChGkXpBzDsXWdL>

Once you've created your Cengage account, follow the instructions in the image below or watch the video to purchase/rent the eBook:

Once you've created your Cengage account, follow the instructions in the image below or watch the video to purchase/rent the eBook:

Access Your Campus Learning Management System  
Go to Canvas and log in.  
SP22: PSYC-139 Sec 01 –Psy of Person  
Click on MODULE  
eTextbook: Personality  
eTextbook: Personality  
Load eTextbook:  
Personality in a new window



**For help with acquiring the eBook on Canvas, please contact Cengage support. Information on how to contact them can be found below:**

Cengage has experts available to help walk you through the complete registration of your eBook. Feel free to join any day to ask your questions or learn more about these course materials.			
<b>Cengage support options:</b>		<b>Office Hours for Students:</b>	
Give Us A Call: 1-800-354-9706 <a href="#">Chat Support and Online Self-Help</a> <a href="#">Video: eTextbook on Canvas Registration and Login</a> <a href="#">Support Services to Create a Case</a>	<b>Date M-F</b>	<b>Time</b>	<b>Link</b>
	8/17 – 12/06 Closed: Holidays	12pm - 2pm	<a href="https://info.cengage.com/DTS_OfficeHours_West">https://info.cengage.com/DTS_OfficeHours_West</a>

## Office Hours

I will have regular office hours as posted at the top of this syllabus. If you cannot make one of these times, you can email, or see me after class to set an appointment. I want to be available to you. If you email me, you can generally expect a response back in 48 hours during the week. If you email on a Friday or over the weekend, you will not hear back from me until the next business day (typically Monday).

The best time to catch me is right after class, but let me know if you need to see me at another time. If you do not want to wait or were not able to see me, please set a time with me individually. During office hours, we can discuss course questions, psychology as a career, or other topics of interest to you. Please note that I run an extremely busy schedule, but I absolutely want to make time for our meetings. If I am unavailable at a time you try to see me, let me know, and we will make time to meet.

### Course Canvas site

The course Canvas site is an online resource supplement for this course. Use of this site and the information provided is **not** a substitute for attending lectures. The site will be updated regularly throughout the semester. This site contains:

- Discussion Board
- Course Announcements
- Links to webpages that will be of use to you throughout the course
- Handouts and articles
- Assignment submission

- Rubrics
- Grade roster

Only some of the material of this course is on Canvas. All of the material shown on the PowerPoint during lectures will be available on Canvas. This will not be a sufficient substitute for coming to class, as these PowerPoints are simply outlines of the material in your text, and I will be elaborating during the lectures.

In addition to the notes, the Canvas page will have a copy of the course schedule, which I will try to update as we go along, as well as copies of the additional readings required for this course. If you have trouble accessing these materials, come and see me, we will figure it out together.

**Check this site regularly for course announcements, articles, assignments, and other course materials.**

### **Accessing Course Canvas site**

To access the Canvas site go to <https://sjsu.instructure.com> and click on “Log in to Canvas”  
**Username** = *SJSU 9-digit ID*

**Password** = *your current SJSUOne password*

For additional information or help with logging in:

**Canvas Student Tutorial:** <http://www.sjsu.edu/at/ec/canvas/>

**Note:** clearing your browser history may help if you have trouble logging into the site.

### **Library Liaison Librarian: Psychology**

The SJSU library has a librarian who specializes in psychology (and other social sciences), and this librarian can serve as a very valuable resource for helping you to develop research ideas and locating appropriate research materials. The library also has an abundance of resources for doing psychology research:

**Psychology Librarian:** Christa Bailey  
408.808.2422  
[Christa.Bailey@sjsu.edu](mailto:Christa.Bailey@sjsu.edu)  
<http://libguides.sjsu.edu/psychology>

### **Course Requirements and Assignments**

#### ***Quizzes***

The quizzes are meant to stimulate your reading of the text and keep you ahead of the lecture material. All quizzes will be multiple-choice and will be based on the assigned readings.

The quizzes are completed in the last 10-15 minutes of class. The quizzes will not be repeated so if you are not in class on the day that the quiz is given to you, you will miss 20 points. Please keep track of your

quiz schedule and the points you receive.

### ***In-Class Writing Assignments***

There are four in-class writing assignments throughout the semester – two that are worth 10 points each and two that are worth 15 points each. These writing assignments will be based on a question given in class about that week's assigned article.

### ***Writing Assignments***

The writing assignments are designed to have you interact with the material at more personal level. You will be required to write the first paper describing your own theory of psychotherapy. For the final writing assignment, you will be required to write about your own theory of therapy and to evaluate it using the criteria provided over the course. These assignments are explained in detail on Canvas.

### ***\*Online and in-person (hard copy) submissions***

You must turn in your assignments in two ways: (1) in person, printed copy of the completed paper (only if classes are in-person); and (2) online upload on Canvas. This is a plagiarism detection and originality analysis system. You will receive feedback about the amount of copying you may have done in your paper before you turn in your final version. You can still correct any mistakes or plagiarism based on this feedback BEFORE you turn in your final paper by the deadline. Once the deadline has arrived, the last version uploaded will be your final paper. The following file types are compatible with the online process: MS Word, WordPerfect, PostScript, Acrobat PDF, HTML, RTF, and Plain Text. If you plagiarize your paper it will be detected here.

Plagiarism will result in a failure in the course and possible dismissal from the university. I assume that you have completed the plagiarism (tutorial available here: <https://libguides.sjsu.edu/plagiarism>) by the time you have taken this class. If not, please do so as it will help you avoid making costly mistakes.

You must also turn in hard (printed) copies the day each of the papers is due.

\* Please contact me with questions **BEFORE** the paper is due.

### **Final Examination or Evaluation**

Faculty members are required to have a culminating activity for their courses, which can include a final examination, a final research paper or project, a final creative work or performance, a final portfolio of work, or other appropriate assignment.

### **Grading Information**

Grading is based on the following:

1. Writing Assignment 1: Your Theory of Therapy (100 points)
2. Writing Assignment 2: Evaluation of Your Theory of Therapy (100 points)
3. Sum of your in-class quizzes (200 points) (each quiz 20 points)
4. Sum of your In-Class Assignments (50 points) (first 2 each 10 pts & last 2 each 15 pts)
5. Final Exam (50 points)

\* Possible Extra Credit in-class assignments (10 points)

### **Determination of Grades**

The grading scheme for this course is determined as follows:

A+ = 100-99%	A = 98-93%	A- = 92-90%
B+ = 89-87%	B = 86-83%	B- = 82-80%
C+ = 79-77%	C = 76-73%	C- = 72-70%
D+ = 69-67%	D = 66-63%	D- = 62-60%
F = 59-0%		

### Make-up Exams

No extensions or make-up exams will be given except in cases of reasonable and documented academic reasons, emergencies, serious illness, or similar seriously disruptive events. ***If such a circumstance should arise, please contact me as early as possible and be ready to provide documentation.***

### Late Assignments

Assignments are due at the start of class (turned in during class) on the day indicated on the course schedule. If due dates are changed, the new due date will be announced in lecture and posted on Canvas in a timely fashion. No extensions will be given except in cases of reasonable and documented academic reasons, emergencies, serious illness, or similar seriously disruptive events. ***If such a circumstance should arise, please contact me as early as possible and be ready to provide documentation.***

In the case of unexcused late submissions, late assignments will be accepted throughout the semester with no explanation needed. These late assignments will automatically be given half credit regardless of when they are turned in (unless they are excused).

### Extra Credit

Extra credit assignments are given at the *instructor's discretion*. Should extra credit opportunities be extended, the total amount of extra credit points earned by a student cannot exceed 1 – 2 % of the total number of points available in the course.

### Classroom Protocol

There are only a few real issues here, and they are easy. In general, the guiding principles are **to be respectful and attend to what is going on in class**. These issues are not typically a problem; that said, doing any of these will not be tolerated and will be grounds for dismissal from the class.

1. Be on time. If you are more than 10 minutes late, you will receive zero participation points for that day. During the semester late arrival once or twice is understandable but allowing lateness to become a habit is unacceptable. If you are more than 15 minutes late, you should not come to class.
2. Be polite and respectful to the other people in the class, particularly when engaged in discussion. While I encourage an open discussion of many ideas, please refrain from using language that is prejudicial or hurtful to others.
3. Do not carry on conversations with others during lecture. (If you have a question or point to make, just say it so we can all hear it!)
4. Please turn off your cell phone for the time you are in class. If you need to receive an emergency call, let me know about it in advance. Never take a call and start talking during class.
5. Never bring out a cell phone during an examination period.
6. Do not text message during lecture.

7. Attend to the lecture material. Do not work on any other course material during class, including studying for other exams.
8. Do not sleep during class.
9. A student displaying disrespectful or disruptive behavior will have 10 points deducted from their participation and be asked to leave the rest of that class session.

The information in the syllabus is for your convenience. Any portion of it may change as seems appropriate, especially the dates on which the tests occur (except the last exam).

You are responsible for keeping current on any deviations from the class syllabus, again, particularly rescheduling of tests. Check the class web site if you cannot be in class and want to check the times for exams, etc. Generally, I will lecture in class, and **participation is highly encouraged. Participation makes the class much more interesting and allows you to develop your critical thinking skills. Questions are welcome at any time.**

### **Technical difficulties**

Internet connection issues:

Canvas autosaves responses a few times per minute as long as there is an internet connection. If your internet connection is lost, Canvas will warn you but allow you to continue working on your exam. A brief loss of internet connection is unlikely to cause you to lose your work. However, a longer loss of connectivity or weak/unstable connection may jeopardize your exam.

Other technical difficulties:

Immediately email the instructor a current copy of the state of your exam and explain the problem you are facing. Your instructor may not be able to respond immediately or provide technical support. However, the copy of your exam and email will provide a record of the situation.

Contact the SJSU technical support for Canvas:

Email: [ecampus@sjsu.edu](mailto:ecampus@sjsu.edu) Phone: (408) 924-2337

<https://www.sjsu.edu/ecampus/support/>

If possible, complete your exam in the remaining allotted time, offline if necessary. Email your exam to your instructor within the allotted time or soon after.

### **Definition of a Credit Hour**

Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of forty-five hours over the length of the course (normally 3 hours per unit per week with 1 of the hours used for lecture) for instruction or preparation/studying or course related activities including but not limited to internships, labs, and clinical practica. Other course structures will have equivalent workload expectations as described in the syllabus.

The expectation of work for a 3-credit course is 150-minutes of direct faculty instruction and six hours of out- of-class student work each week.

### **Contacting Instructor**

1. **I will answer emails M - F, 9:00 - 5:00.** If you email me at night or on the weekends, do not expect a response until the next weekday, at the earliest.



2. **Through Canvas (Canvas) mail function.** Best for private questions and comments.
3. **Through Canvas (Canvas) discussion board.** Best for questions about the course that need not remain private. Chances are others have the same questions you have.
4. **Through regular email.** [simone.lundquist@sjsu.edu](mailto:simone.lundquist@sjsu.edu).
5. **By phone.** Best if you need to contact me quickly and cannot use email at the time.
6. **Consider emails for this course as professional correspondence (see sample correspondence at the end of the syllabus).**
  - a. **Subject Line** should include your class and a brief description of the issue (e.g., Subject: Psych 165: absence on 10-10-11).
  - b. **Greetings** should be formal and use your instructor's title (e.g., Dear Dr. Lundquist or Professor Lundquist)
  - c. **Identify yourself** and the course/section you are in.
  - d. **Issue or question** should be stated clearly, concisely, respectfully, and with attention paid to grammar, complete sentences, and so forth.
  - e. **Expect replies within 1 - 3 days.** Polite follow-ups are encouraged if you have not heard from me in a reasonable amount of time.

### Example email correspondence

**Subject:** Psyc 165: Assignment due date question  
 Dear Professor Lundquist (or Dr. Lundquist),  
 My name is Miranda Jackson and I am in your 165 class that meets M/W 1:30 pm - 3:45 pm. I am not sure when the Response Journal assignment is due because of conflicting information. The syllabus schedule says Nov. 5, but the assignment sheet itself says Nov 9. Thank you for your attention to this matter.

Regards,  
 Miranda  
 student id # 001234567

### Regular attendance is necessary to do well in the course.

Although the course has an online resource, this resource is not a substitute for attending lectures. Attendance is strongly recommended. I expect you to come to every class. If you do not attend classes, you will definitely miss material that will appear on the exams. Class is also the time to have any questions answered that you may have. Material not presented in class but which appears in assigned readings will also be included on the exams. So the exams will cover material from lectures, assigned articles and your textbook. While the lectures include some material from the text, it will also contain different material. If you see contradictions between the lecture and the material in the text, please do not hesitate to ask about this in class. There will be pop quizzes and writing assignments for this class which you will miss if you don't come to class. These quizzes and assignments count toward your final grade. For all these reasons, it will not be advantageous to you, if you miss any classes.

### Laptops

In-class laptop use (if deemed necessary by the professor) should be restricted to course-related activities (e.g., taking notes). Other activities (e.g., web surfing) distract both the instructor and students and will not be tolerated. You will be asked to turn off your laptop if you are engaged in non-class activities. You will be asked to refrain from laptop use for the duration of the course if this behavior continues.

### Cellphones and other electronic devices

Please be certain to turn off or put in silent mode all cell phones, pagers, and any other devices that

produce distraction prior to entering the classroom.

### **Late arrivals**

If you must arrive late or leave early, please do so quietly and with a minimum of distraction.

### **Be respectful of others**

Respect differing points of view offered by students. Independent discussions should not be happening when someone is addressing the class.

### **I expect you to come to class prepared**

“Prepared” means you have completed the readings and any assignment before class starts, and written down any questions you had from the assignment. You should be as prepared as you expect your professor to be.

### **Communication**

Use email!! Use office hours! Talk to me!!

### **Check the course Canvas site regularly**

If I become ill, I will inform you the night before that I will be absent. Please email me before class if you will not be in class. Please set your spam controls to accept my email address.

### **Recording of Class Lectures & Sharing/Distribution of Course Content**

Common courtesy and professional behavior dictates that you notify someone when you are recording him/ her. You must obtain the instructor’s permission to make audio or video recordings in this class. This permission allows the recordings to be used for your private, study purposes only. The recordings are the intellectual property of the instructor; you have not been given any rights to reproduce or distribute the material.

- If you wish to record lectures for your private, study purposes, please discuss this with the instructor. **Written permission** to record lectures will need to be granted for the whole semester or on a class-by- class basis.

In classes where, active participation of students or guests may be on the recording, permission of those students or guests should be obtained as well.

Course material developed by the instructor is the intellectual property of the instructor and cannot be shared publicly without his/her approval. You may not publicly share or upload instructor-generated material for this course such as exam questions, lecture notes, or homework solutions without instructor consent. This university policy (S12-7) is in place to protect the privacy of students in the course, as well as to maintain academic integrity through reducing the instances of cheating. Students who record, distribute, or post these materials will be referred to the Student Conduct and Ethical Development office. Unauthorized recording may violate university and state law. It is the responsibility of students that require special accommodations or assistive technology due to a disability to notify the instructor. **This policy extends to both content presented in the classroom/Zoom and posted on the Canvas site.**

### **University Policies**

Per [University Policy S16-9](#), relevant university policy concerning all courses, such as student

responsibilities, academic integrity, accommodations, dropping and adding, consent for recording of class, etc. and available student services (e.g. learning assistance, counseling, and other resources) are listed on [Syllabus Information web page](https://www.sjsu.edu/curriculum/courses/syllabus-info.php) (<https://www.sjsu.edu/curriculum/courses/syllabus-info.php>). Make sure to visit this page to review and be aware of these university policies and resources.

## **Student Resources**

### **Student Technology Resources**

Computer labs for student use are available in the [Academic Success Center](#) at <http://www.sjsu.edu/at/asc/> located on the 1st floor of Clark Hall and on the 2nd floor of the Student Union. Additional computer labs may be available in your department/college. Computers are also available in the Martin Luther King Library.

A wide variety of audio-visual equipment is available for student checkout from Media Services located in IRC

112. These items include digital and VHS camcorders, VHS and Beta video players, 16 mm, slide, overhead, DVD, CD, and audiotape players, sound systems, wireless microphones, projection screens and monitors.

### **ACCESS Success Center**

The [ACCESS Success Center](#) is a resource for College of Social Sciences students, which includes psychology majors. This center provides mentoring, tutoring, and advising especially geared for social science majors. The center provides workshops and presentations on writing, statistics, graduate school applications, and so forth. Visit their webpage for more information, <http://www.sjsu.edu/access/>

### **SJSU Peer Connections**

Peer Connections, a campus-wide resource for mentoring and tutoring, strives to inspire students to develop their potential as independent learners while they learn to successfully navigate through their university experience. You are encouraged to take advantage of their services which include course-content based tutoring, enhanced study and time management skills, more effective critical thinking strategies, decision making and problem-solving abilities, and campus resource referrals.

In addition to offering small group, individual, and drop-in tutoring for a number of undergraduate courses, consultation with mentors is available on a drop-in or by appointment basis. Workshops are offered on a wide variety of topics including preparing for the Writing Skills Test (WST), improving your learning and memory, alleviating procrastination, surviving your first semester at SJSU, and other related topics. A computer lab and study space are also available for student use in Room 600 of Student Services Center (SSC).

Peer Connections is located in three locations: SSC, Room 600 (10th Street Garage on the corner of 10th and San Fernando Street), at the 1st floor entrance of Clark Hall, and in the Living Learning Center (LLC) in Campus Village Housing Building B. Visit [Peer Connections website](#) at <http://peerconnections.sjsu.edu> for more information.

### **SJSU Writing Center**

The SJSU Writing Center is located in Clark Hall, Suite 126. All Writing Specialists have gone through a rigorous hiring process, and they are well trained to assist all students at all levels within all disciplines to become better writers. In addition to one-on-one tutoring services, the Writing Center also offers

workshops every semester on a variety of writing topics. To make an appointment or to refer to the numerous online resources offered through the Writing Center, visit the [Writing Center website](http://www.sjsu.edu/writingcenter) at <http://www.sjsu.edu/writingcenter>. For additional resources and updated information, follow the Writing Center on Twitter and become a fan of the SJSU Writing Center on Facebook. (Note: You need to have a QR Reader to scan this code.)



### **Campus Policy in Compliance with the American Disabilities Act**

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 requires that students with disabilities requesting accommodations must register with the Accessible Education Center (AEC) to establish a record of their disability.

### **SJSU Counseling Services**

The SJSU Counseling Services is located on the corner of 7th Street and San Fernando Street, in Room 201, Administration Building. Professional psychologists, social workers, and counselors are available to provide consultations on issues of student mental health, campus climate or psychological and academic issues on an individual, couple, or group basis. To schedule an appointment or learn more information, visit [Counseling Services Website](http://sjsu.edu/counseling), at [sjsu.edu/counseling](http://sjsu.edu/counseling).

### **Psychology 165, Theory and Methods of Counseling, Fall 2022**

This is a tentative timeline and we may deviate from it. It is your responsibility to know where we are in the readings and if the test dates or materials to be included on tests might have been changed. We will work very hard to stay on schedule.

### **Course Schedule**

<b>Date</b>	<b>Topic</b>	<b>Readings Due</b>	<b>Quiz Due</b>
WEEK 1 08-22	Introduction to course		
WEEK 1 08-24		Corey: Chapter 1 Positioning Oneself (Canvas)	In Class Writing Assignment 1 (10 points)
WEEK 2 08-29		Corey: Chapter 1 Positioning Oneself (Canvas) Continued...	
WEEK 2 08-31	The Counselor: Person/Professional Ethical Issues	Corey: Chapters 2 & 3 On Being Sane in Insane Places (Canvas)	Quiz 1 (Introduction and the Counselor & Ethics)

<b>Date</b>	<b>Topic</b>	<b>Readings Due</b>	<b>Quiz Due</b>
WEEK 3 09-05	Labor Day	No Class	
WEEK 3 09-07	The Counselor: Person/Professional Ethical Issues	Corey: Chapters 2 & 3 On Being Sane in Insane Places (Canvas) Continued...	Quiz 1 (Introduction and the Counselor & Ethics)
WEEK 4 09-12	Psychoanalytic Theory	Corey: Chapter 4 Myth of Mental Illness (Canvas) Critical Thinking in Clinical Practice (Canvas)	Quiz 2 (Psychoanalytic Theory)
WEEK 4 09-14	Psychoanalytic Theory	Corey: Chapter 4 Myth of Mental Illness (Canvas) Critical Thinking in Clinical Practice (Canvas) Continued...	Quiz 2 (Psychoanalytic Theory)
WEEK 5 09-19	Adlerian Therapy	Corey: Chapter 5 Guidelines for Critical Thinking (Canvas) Search for the Meaning of Madness (Canvas)	Quiz 3 (Adlerian Therapy)
WEEK 5 09-21	Adlerian Therapy	Corey: Chapter 5 Guidelines for Critical Thinking (Canvas) Search for the Meaning of Madness (Canvas) Continued...	Quiz 3 (Adlerian Therapy)
WEEK 6 09-26	Existential Therapy	Corey: Chapter 6 Foucault on Madness (Canvas)	Quiz 4 (Existential Therapy)
WEEK 6 09-28	Existential Therapy	Corey: Chapter 6 Foucault on Madness (Canvas) Continued...	Quiz 4 (Existential Therapy)

Date	Topic	Readings Due	Quiz Due
WEEK 7 10-03	Person-Centered Therapy	Corey: Chapter 7 Young Women Struggling for Identity (Canvas)	Quiz 5 (Person-Centered Therapy)
WEEK 7 10-05	Person-Centered Therapy	Corey: Chapter 7 Young Women Struggling for Identity (Canvas) Continued...	Quiz 5 (Person-Centered Therapy)
WEEK 8 10-10	Gestalt Therapy	Corey: Chapter 8 A Broader View of Trauma (Canvas)	Quiz 6 (Gestalt Therapy)
WEEK 8 10-12	Gestalt Therapy	Corey: Chapter 8 A Broader View of Trauma (Canvas) Continued...	Quiz 6 (Gestalt Therapy)
WEEK 9 10-17	Behavior Therapy	Corey: Chapter 9 Critique of the DSM (Canvas)	In Class Writing Assignment 2 (10 points)
WEEK 9 10-19	Behavior Therapy	Corey: Chapter 9 Critique of the DSM (Canvas) Continued...	<b>Writing Assignment 1 due on 10-19!</b>
<b>10-19</b>	<b>Writing Assignment 1 Due</b>		

Date	Topic	Readings Due	Quiz Due
WEEK 10 10-24	Cognitive Behavior Therapy	Corey: Chapter 10	Quiz 7 (Behavior & Cognitive Behavior Therapies)
WEEK 10 10-26	Cognitive Behavior Therapy	Corey: Chapter 10 Continued...	Quiz 7 (Behavior & Cognitive Behavior Therapies)
WEEK 11 10-31	Reality Therapy	Corey: Chapter 11 Narrative Therapy's Relational Understanding of Identity (Canvas)	In Class Writing Assignment 3 (15 points)
WEEK 11 11-02	Reality Therapy	Corey: Chapter 11 Narrative Therapy's Relational Understanding of Identity (Canvas) Continued...	
WEEK 12 11-07	Feminist Therapy	Corey: Chapter 12 Just Say No (Canvas) Thank a Feminist (Canvas)	Quiz 8 (Feminist Therapy)
WEEK 12 11-09	Feminist Therapy	Corey: Chapter 12 Just Say No (Canvas) Thank a Feminist (Canvas) Continued...	Quiz 8 (Feminist Therapy)
WEEK 13 11-14	Postmodern Approaches	Corey: Chapter 13 Narrative Therapy Handout (Canvas) Process of Questioning (Canvas) Teaching Across Discourses (Canvas)	Quiz 9 (Postmodern Approaches)

Date	Topic	Readings Due	Quiz Due
WEEK 13 11-16	Postmodern Approaches	Corey: Chapter 13 Narrative Therapy Handout (Canvas) Process of Questioning (Canvas) Teaching Across Discourses (Canvas) Continued...	Quiz 9 (Postmodern Approaches)
WEEK 14 11-21	Postmodern Approaches	Corey: Chapter 13 Narrative Therapy Handout (Canvas) Process of Questioning (Canvas) Teaching Across Discourses (Canvas) Continued...	In Class Writing Assignment 4 (15 points)
<b>11-23</b>	<b>Happy Thanksgiving</b>		
WEEK 15 11-28	Family Systems Therapy	Corey: Chapter 14 Poststructuralist Theory in Practice (Canvas)	Quiz 10 (Family Systems Therapy)
WEEK 15 11-30	Family Systems Therapy	Corey: Chapter 14 Poststructuralist Theory in Practice (Canvas) Continued...	Quiz 10 (Family Systems Therapy)
WEEK 16 12-05	Integration & Application	Corey: Chapters 15 & 16 Couples, Culture, and Discourse (Canvas)	<b>Writing Assignment 2 due on 12-05!</b>
<b>12-05</b>	<b>Writing Assignment 2 Due</b>		
<b>EXAM</b>	<b>FINAL: Tuesday, December 13th, 12:15 PM - 2:30 PM</b>		