* Know and understand the differences between teaching and coaching.
* Where are the forms of discrimination in physical activity.
* Know the five teaching characteristics that characters excellence.
* Know how to ddefine the following types of facilities; rehabilitation, hospital, specialized outpatient care impatient, custodial care facilities, commercial,recreation, retention based
* Understand the roles of various professionals and the certifications/liscences required for each (if any); teachers, strength and conditioning coaches, exercise physiologists, exercise psychologist, athletic trainers, occupational therapists, physical therapists, therapeutic recreation specialist, sport manager, group exercise instructor.understand your role as a professional in risk management.
* Corporate wellness and fitness program benefits.
* Identify the stages of change.
* Multidimensional wellness model.
* Traditionally, health and fitness professional activities take place in which four settings?
* How do you identify with your professions?

List of terms

* Pedagogy
* Engaged time (in refence to reaching)
* Competent bystander
* Geatrics
* Rehabilitation
* Prehabilitation
* Healthy People 2010
* Workplace knowledge
* Professional practice knowledge
* Organizations
* American Sport Education Program
* ACSM
* AAKPE
* NASPE
* NSCA
* National federation of statewide school associations