# SJSU SAN JOSÉ STATE UNIVERSITY

C A T F C
California Occupational Therapy Fieldwork Council



14<sup>th</sup> Annual
Northern California
Fieldwork Educator
Conference





# California Occupational Therapy Fieldwork Council 14<sup>th</sup> Annual Fieldwork Educators Conference

- Northern California Fieldwork Council Members
  - Amanda Kelley, & Alison George San José State University
  - Domenique Embrey, & Liz Kleine Samuel Merritt
  - Carlin Daley Sacramento City College
  - Evin Wallus & Amy Arenberg Dominican University





# Objectives

- Review state and national updates
- Identify the Fieldwork requirements for 2020 ACOTE standards
- Overview of psychosocial practice across settings
- Generate psychosocial fieldwork objectives across settings
- Review research on incivility during fieldwork experience
- Learn & practice mindfulness techniques to support fieldwork practice
- Identify Fieldwork Educator Resources





- History
  - August 2017 ACOTE supported a single point of entry for both levels of practitioners
    - OTA mandated at baccalaureate level of education.
    - OT mandated at doctoral level of education
  - December 2017 OTA mandate placed in abeyance
  - August 2018 Dual point of entry for OTA
  - Task Force to review OT OTD mandate
- Current Status
  - April 10, 2019 Dual point of entry for OT and OTA retained by ACOTE





- ACOTE used for entry level programs only
  - Post-Professional Programs not governed by ACOTE
- California Master Plan for Higher Education
  - Designation of degree award at various CA public institutions
    - UC awards PhD, MS/MA, and BS/BA degrees
    - CSU awards MS/MA and BS/BA degrees
    - California Community College awards AS/AA degrees





- Changes to ACOTE Standards as of July 2020
  - https://www.aota.org/~/media/Corporate/Files/EducationCareers/Accredit/Standards/2011-Standards-and-Interpretive-Guide.pdf
  - https://www.aota.org/~/media/Corporate/Files/EducationCareers/Accredit/StandardsReview/2018-ACOTE-Standards-Interpretive-Guide.pdf
- A Standards: Focused on General Requirements
  - NOTE: Changes reflect the baccalaureate degree (BS/BA) for OTA
  - Previous ACOTE standards (2011) addressed the following degrees:
    - Associate of Science (AS), Associate of Applied Science (AAS)
    - MOT/MS in OT
    - OTD





- Changes to ACOTE Standards as of July 2020
- A Standards: Focused on General Requirements
  - Sponsorship and Accreditation of the Institution
  - Academic Resources (continue to require one person designated as the Program Director)
    - Degree requirements outlined for faculty and AFWC for each degree program
    - Capstone Coordinator for OTD
  - Students
  - Published Policies and Procedures
  - Curriculum Framework retain focus of <u>practice as a generalist</u>
    - Programs need a documented scholarship agenda reflecting curriculum design
  - Strategic Plan and Program Assessment





- Changes to ACOTE Standards as of July 2020
- B Standards continue to focus on student learning outcomes
  - Foundational content
  - OT Theoretical Perspectives
  - Basic Tenets of Occupational Therapy
  - Referral, Screening, Evaluation & Intervention Plan
    - Principles of Interprofessional Team Dynamics
  - Context of Service Delivery, Leadership & Management
    - Business Aspects of Practice
  - Scholarship
    - Preparation to work in Academic Setting
  - Professional Ethics, Values & Responsibilities





- Changes to ACOTE Standards as of July 2020
- C Standards Fieldwork Education
  - Fieldwork program reflects the Curriculum Design
  - Clear Criteria and Process for selecting fieldwork sites including MOU
  - Fieldwork Objectives: Standard C.1.3
    - Document that academic and fieldwork educators agree on established fieldwork objectives prior to the start of the fieldwork experience, and communicate with the student and fieldwork educator about progress and performance throughout the fieldwork experience. <a href="Ensure that fieldwork">Ensure that fieldwork</a>
       objectives for all experiences include a psychosocial objective.





- Changes to ACOTE Standards as of July 2020
- C Standards Fieldwork Education
  - Fieldwork where no OT services exist: Standard C.1.14 (both OT & OTA)
    - Document and verify that supervision provided in a setting where no occupational therapy services exist includes a <u>documented plan for provision of occupational therapy/occupational therapy assistant services</u> and supervision by a currently licensed or otherwise regulated occupational therapist (or OTA under the supervision of an OT if applicable for OTA student FW) with at <u>least 3 years' full-time or its equivalent of professional experience prior to the Level II fieldwork. Supervision must include a minimum of 8 hours of direct supervision each week of the fieldwork experience.
       An occupational therapy supervisor must be available, via a variety of contact measures, to the student during all working hours. An on-site supervisor designee of another profession must be assigned while the occupational therapy supervisor is off site.
      </u>





- Changes to ACOTE Standards as of July 2020
- D Standards Doctoral Capstone and Baccalaureate Project
- Doctoral Capstone
  - Capstone reflects curriculum design
  - Preparation requirements for Capstone Project
  - Dissemination of individual capstone project that relates to capstone experience
- Baccalaureate Project
  - Project reflects the curriculum design
  - Project designed in collaboration with faculty
  - Formal evaluative process for the project
  - Completion of the project can be group or individual





## Resources for the 2019 PDPM SNF Payment Model:

- Centers for Medicare and Medicaid Services (CMS), April 2019, Fact Sheet: Proposed Fiscal Year 2020 Payment and Policy Changes for Medicare Skilled Nursing Facilities (CMS-1718-P)
- https://www.cms.gov/newsroom/factsheets/proposed-fiscal-year-2020-payment-andpolicy-changes-medicare-skilled-nursing-facilitiescms-1718-p





# AOTA, Eight Ways to Prepare for the Skilled Nursing Facilities Patient Driven Payment Model (PDPM) Retrieve resources at:

https://www.aota.org/Practice/Manage/value/Skilled-Nursing-Facilities-Patient-Driven-Payment.aspx

- 1. AOTA's 1-Day Specialty Conference About PDPM: Learn how to navigate the new payment model in SNFs during our 1-day specialty conference on June 21 in Silver Spring, MD (and via live streaming).
- 2. Provide High Quality Occupational Therapy Evaluations with This Free Checklist: Use the "SNF Evaluation Checklist & Quality Measures" below during the evaluation as a reminder of areas to address. AOTA encourages practitioners to print off the checklist and bring it with you to help guide client evaluations (\*see link to the checklist below)
- 3. Watch Free Member Webinar for an Overview of PDPM, **CE Webinar (30 minutes)** PDPM Part 1: The Policy and Quality Requirements of PDPM in SNFs
- 4. Watch Free Member Webinar for a Clinical Perspective of PDPM, **CE Webinar (45 minutes)** PDPM Part 2: PDPM as an Opportunity to Improve the Value of Occupational Therapy





# AOTA, Eight Ways to Prepare for the Skilled Nursing Facilities Patient Driven Payment Model (PDPM) Cont'd

- 5. Watch Free Member Webinars About Preparing for the New Payment Model <u>How OT Practitioners Can Prepare for the new SNF Payment Model Member Appreciation Plus Webinar</u> Reimbursement is changing in SNFs on October 1, 2019, but practitioners must start preparing now. (1 hour, August 2018) <a href="PDPM: Occupational Therapy Professionals">PDPM: Occupational Therapy Professionals</a> Opportunity to Improve Quality of Care (1 hour, April 2019)
- 6. Read Background and Analysis of the New Payment Model, <u>AOTA Analysis and highlights</u> from the SNF PPS FY 2019 final rule adopting PDPM.
- 7. Take an Online Course About Documentation, Reimbursement, and Ethics in Skilled Nursing Facilities; Skilled Nursing Facilities 101: Documentation, Reimbursement, and Ethics in Practice, 2nd Edition. This continuing education course includes information on the IMPACT Act, Changes to RUGS including the new PDPM and documenting the distinct value of OT.
- 8. Find Information from CMS About PDPM, <u>CMS PDPM Website</u>: Information from CMS including frequently asked questions (FAQs), fact sheets, and training). <a href="https://www.cms.gov/Medicare/Medicare-Fee-for-Service-Payment/SNFPPS/PDPM.html">https://www.cms.gov/Medicare/Medicare-Fee-for-Service-Payment/SNFPPS/PDPM.html</a>





## **AOTA's SNF Eval Checklist & Quality Measure Tool**

https://www.aota.org/~/media/Corporate/Files/Secure/Practice/Manage/value/SNF-Evaluation-Checklist-Quality-Measures.pdf



## OT Skilled Nursing Facility Evaluation Checklist & Quality Measures

Use the checklist below during the evaluation as a reminder of areas to address. ADTA encourages practitioners to print off the checklist and print give thy our to legal puside client evaluations, as well as no doubtand not inly our colleagues regarding the occupational therapy evaluative process. The checklist supports high quality OT evaluations that lead to occupation-based, client-centered reterreducts.

A comprehensive occupational therapy evaluation is based on a theoretical model and follows the Occupational Therapy Practice Famework. A top-down approach identifies occupations that are challenging and important to the client and then assesses related performance skills, ident factors, environments and context, and performance patterns. This checkist does not replace the clinical judgment of an occupational therapist. The checkist should be used as a reminder of baseline areas that should be addressed during the OT evaluation process. The areas below relate to occupation-based practice and quality reofromance measures.

For more information on the Patient Driven Payment Model (PDPM), this checklist, and the important role of occupational therapy click on SNF at www.aota.org/value.

#### Occupational Profile:

Each element of the occupational profile is considered from the client's perspective. Download the template at www.aota.org/ profile.

- ☐ Reason for OT services
- □ Successful occupations
   □ Interests & Values
- ☐ Occupational History
- Performance Patterns
  ☐ Habits ☐ Routines ☐ Roles ☐ Rituals
- ☐ Environment: Supports & Barriers (Physical, Social)
- ☐ Environment: Supports & Barriers (Physical, Social)
- ☐ Context: Supports & Barriers (Cultural, Personal, Temporal, Virtual)
  ☐ Client's Priorities and Desired Outcomes

### Analysis of Occupational Performance

Click on the Quality Toolkit at www.aota.org/value for links to standardized assessments and screening tools used in each of the

	Addressed	Is this area a Priority		Addressed	Is this area a Priority
Occupations					
ADLs			IADLs		
Performance Skills					
Psychosocial/Behavior Skills			Fall Prevention/Fear of Falling		
Client Factors—In addition to are	eas identified while a	ddressing ADLs and IADLs	(e.g., motor, sensation, pain)		
Vision			Functional Cognition		
Performance Patterns					
Habits, Routines, Roles					
Contexts & Environments					
Safety Screen					

#### SNF Quality Measures (2019)

Download details and read more about the Value Based Payment and Quality Reporting Programs in SNF at www.aota.org/value.

SNFs are scored based on the measures below. Talk to your administration/leam to identify your facility's current scores and which measures are priorities for your team. Scores are available on CASPER reports. Consider the ways in which your practice contributes to weight facility scores on priority measures.

#### Value-Based Payment Program

Measure	Facility Score as of(date)	Notes
Skilled Nursing Facility 30-Day Potentially Preventable Readmission Measure (SNFPPR)		
Skilled Nursing Facility 30-Day All-Cause Readmission Measure (SNFRM)		

#### Quality Reporting Program

Measure	Facility Score as of(date)	Notes
Application of Percent of Residents Experiencing <u>One or More Falls</u> with <u>Major Injury</u> (Long Stay)		
Percent of Patients or Residents with <u>Pressure Ulcers that are New</u> or <u>Worsened</u>		
Application of Percent of Long-Term-Care Hospital Patients with an Admission and Discharge Functional Assessment and a Care Plan that Addresses Function		
Discharge to Community—Post-Acute Care (PAC) Skilled Nursing Facility (SNF) Quality Reporting Program (QRP)		
Potentially Preventable 30-Days Post-Discharge Readmission Measure for Skilled Nursing Facility (SNF) Quality Reporting Program (QRP)		
Medicare Spending Per Beneficiary—Post-Acute Care (PAC) Skilled Nursing Facility Measure		

#### SNF QRP Measures Required on FY 2020 Claims

The following measures will be implemented on October 1, 2019.

Measure	Facility Score as of	(date)	Notes
Spending Per Beneficiary (MSPB)—Post-Acute Care (PAC) Skilled Nursing Facility (SNF) Quality Reporting Program (QRP).			
<u>Discharge to Community</u> Post-Acute Care SNF Quality Reporting Program			
Potentially Preventable 30-Day Post-Discharge Readmission Measure for SNF Quality Reporting Program			
Percent of Residents or Patients With Pressure Ulcers That Are New or Worsened (Short Stay) (NQF #0678)			
Changes in Skin Integrity Post-Acute Care: Pressure Ulcer/Injury			
Application of Percent of Residents Experiencing One or More Falls with Major Injury (Long Stay) (NQF #0674)			
Application of Percent of Long-Term-Care Hospital (LTCH) Patients with an Admission and Discharge Functional Assessment and a Care Plan That Addresses Function (NQF #2631)			
Application of Inpatient Rehabilitation Facility (IRF) Functional Outcome Measure: <u>Change in Mobility</u> Score for Medical Rehabilitation Patients (NQF #2634)			
Application of IRF Functional Outcome Measure: <u>Discharge Mobility</u> Score for Medical Rehabilitation Patients (NQF #2636)			
Application of the IRF Functional Outcome Measure: Change in Self- Care Score for Medical Rehabilitation Patients (NQF #2633)			
Application of IRF Functional Outcome Measure: <u>Discharge Self-Care</u> Score for Medical Rehabilitation Patients (NQF #2635)			
<u>Drug Regimen Review</u> Conducted With Follow-Up for Identified Issues—Post Acute Care (PAC) Skilled Nursing Facility (SNF) Quality Reporting Program (QRP).			

The American
Occupational Therap
Association, Inc.

www.aota.org

Rate this resource and provide feedback at surveys.aota.org/s3/checklist

Rate this resource and provide feedback at surveys.aota.org/s3



## **OTAC Updates**







https://www.otaconline.org

https://www.otaconline.org/otac-events-calendar

## **OTAC** is going to Vegas!

2020 Western Regional OT Spring Symposium

### March 7 and 8

Join California and other western regional OT state associations at this event designed to ELEVATE OT professional competency, connections, and collaboration.

WELCOME
TO Fabulous
LAS VEGAS
NEVADA

Call for Presentation submissions is now open!

https://www.otaconline.org/advocacy/otac-advocacy-center





# American Occupational Therapy Political Action Committee (AOTPAC): 2019 AOTPAC Updates



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# **AOTPAC: A Vital Component**

- AOTPAC is the American Occupational Therapy Political Action Committee
- A political action committee is a group formed by an industry or an issue-oriented organization to raise and contribute money to the campaigns of candidates likely to advance the group's interests
- AOTPAC is the political action arm of AOTA that complements AOTA's public policy agenda & supports its lobbying efforts
- By law, AOTA cannot give any financial support to a candidate running for office, none of your AOTA membership dues can be used to support political candidates





# **Promoting OT in the New Congress**

- Home Health-Allowing OT to start HH cases under Medicarelooking for new sponsors of the bill
- OT & non-pharmacological treatment of pain- OT as an alternative to opioids; SUPPORT Act passed-→ CMS to provide policy guidance
- Telehealth- addition of OT to the formal list of providers who can provide Medicare services via telehealth
- Falls Prevention & Home Safety- raising awareness in Congress
- OT's role in TBI- increasing national awareness of the important role of OT in TBIs





# **Promoting OT in the New Congress**

- Mental Health Workforce- improving access to mental healthcare professionals in underserved communities (Loan repayment practicing in shortage areas). Inclusion of OT
- SISP Week- (April 8-12) National Specialized Instructional Support Personnel Appreciation Week
- PDPM (SNFs) Begins Oct 1, 2019
- PDGM (HHAs)— Begins Jan 1, 2020
- OTA Medicare Reimbursement- addressing future changes





# Attending Fundraiser and Thanking Congresswoman Judy Chu for supporting the Opioids Bill









# Therapy PAC's: AOTA, APTA, ASHA

## 2017

■ AOTPAC \$196,833

Mean salary\* (OT) \$81,900 (OTA)\$56,070

■ APTA-PAC \$594,856

Mean salary (PT) \$85,400

(PTA)\$45,290 (PTA)\$45,290

• ASHA PAC \$222,423

Mean salary (SLP) \$74,680 (Aud) \$75,980

2018

AOTPAC \$187,553

Mean salary\* (OT) \$84,640 (OTA)\$59,470

APTA-PAC \$573,901

Mean salary (PT) \$88,080 (PTA)\$57,620

ASHA PAC

\$228,904

Mean salary (SLP) \$79,770 (Aud) \$80,040

\*Mean Salaries according To United States Bureau of Labor Statistics (2017-5/2018) (2018-3/2019)

Association Membership Numbers (1/2018 – 12/2018) AOTA = 60,000 APTA = 100,000+ ASHA = 204,000





# Top Five States: AOTPAC Contributions Percentage of AOTPAC Donations

2018	New Mexico 11.6%	<b>Kansas</b> 9.54%	New Hampshire 9.45%	District of Columbia 8.99%	Wyoming 6.74%
2017	New Mexico 16.58%	District of Columbia 9.68%	<b>Alaska</b> 8.67%	Louisiana 8.08%	<b>Kansas</b> 7.48%
2016	New Mexico 9.82%	District of Columbia 9.41%	<b>Kansas</b> 8.72%	Nevada 8.06%	South Dakota 7.73%
2015	New Mexico 11.08%	<b>Kansas</b> 8.76%	Alaska 7.84%	<b>Nevada</b> 7.79%	South Dakota 6.41%
2014	<b>Kansas</b> 22.33%	New Mexico 18.01%	District of Columbia 12.50%	<b>Nevada</b> 12.25%	Alaska 9.62%

# AOTA
members
contributing
in each state
or geographic
region by
percentage





# **Top 5 States: 2018 Average AOTPAC Contribution**

#**2**Nevada
\$283.67

#1
West
Virginia
\$308.51



#3
District of
Columbia
\$228.13

#4 Wyoming \$178.42 #**5 Delaware**\$172.58







Political Action Committee

# **AOTPAC Fundraising - 2018**

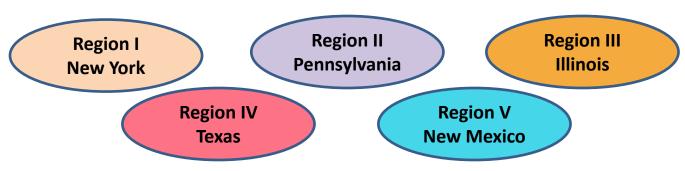
• AOTPAC raised \$187,553 (93.78%) toward its calendar year 2018 goal of \$200,000 from 2,300 members/student groups

Academic Leadership Council contributed \$18,586
toward this goal at the meeting in Salt Lake City
(101 contributors)





# **2018 AOTPAC-Madness**





Congratulations to the AOTA members from

State of







## **AOTPAC**



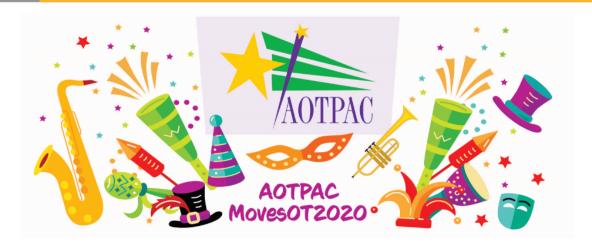
# **Student Challenge - 2018**

- Chatham University, Student OT Association
- Creighton University, Student OT Association
- Gannon University, Student OT Association
- James Madison University, Student OT Association
- Keiser University, Student OT Association
- Lenoir-Rhyne University, Student OT Association
- Nebraska Methodist College, Student OT MHHSA
- NOVA Southeastern University, Student OT Association
- Ohio State University, Student OT Association
- Saginaw Valley State University, Student OT Association

- Samuel Merritt University, Student OT Association
- University of Central Arkansas, Student OT Association
- University of Florida, Student OT Association
- University of Missouri, Student OT Association
- University of New Mexico, Student OT Association
- University of Scranton, Student OT Association
- University of Toledo HSC, Student OT Association
- University of Wisconsin-La Crosse, Student OT Association
- University of Wisconsin Milwaukee, Student OT Association







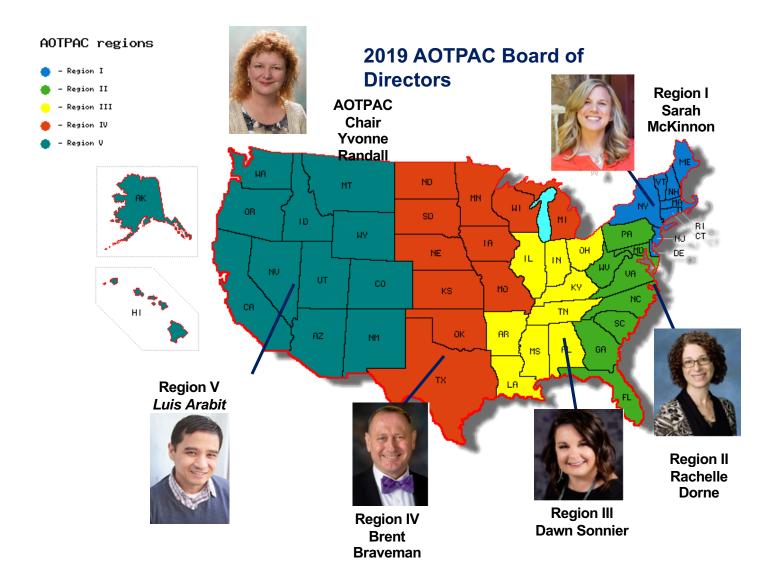
## **Theme: MoveOT 2020**

- MoveOT 2020 and keep us in the Policy Spotlight. Help us reach our fundraising goal!
- AOTA Members Donate Record Amount to AOTPAC 2019 New
   Orleans- \$71,000 (29% increase)

## **Contribute Today and Receive**

Limited Edition "New Orleans inspired Travel Mug"

- \$100 or more paid in full Saxophone Squeezy
- \$30 or more paid in full







# AOTA Hill Day- Sept 23, 2019







## Take Action!

## Actions for all OTs, OTAs, and students

- 1) PARTICIPATE: Be an AOTA & state OT association member so there is greater support for legislative action
- 2) ADVOCATE: Grassroots communications by members to their senators and representatives call, write, email or visit use the AOTA Legislative Action Center
- 3) **CONTRIBUTE: Donate to AOTPAC** so we can elect and retain legislators who support our priorities



Be Part of "AOTPAC MovesOTZOZO!"

Join these colleagues with your contribution.





# **Contact Information**

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- #aotpacdir5











# SJSU SAN JOSÉ STATE UNIVERSITY

C A T F C
California Occupational Therapy Fieldwork Council



Psychosocial Objectives for Occupational Therapy Fieldwork

Anne MacRae, PhD, OTR/L, BCMH, FAOTA





## **Outline of Presentation**

- Review the psychosocial focus in health care in general and occupational therapy in particular
- Introduce ACOTE standard C.1.3 and related definitions
- Provide suggestions for incorporating psychosocial objectives
- Present "psychosocially informed" practice and biopsychosocial approaches, as well as specific psychosocial issues and strategies
- Develop psychosocial objectives Large and small groups
- Closure





## The Current Health Care Context:

What has changed that makes psychosocial considerations more important?

- New models of service delivery focused on primary care and integrated services.
- Waning influence of the medical model and greater awareness of social and rehabilitative approaches.
- Increased awareness of the effects of stress and trauma on overall health.
- A general acknowledgement that physical and mental health are dependent on the environment. (Community dynamics, housing quality, social support, employment opportunities etc.)
- Social inclusion and the support of significant others are now considered paramount for meaningful recovery.





## Significance for Occupational Therapy

- Although psychosocial considerations can and should be addressed in all populations and settings, occupational therapists have lost recognition as psychosocial or psych rehab practitioners in the USA because of very poor representation of occupational therapists working with people with identified behavioral and mental health issues.
- As "psychosocial concerns" now appear to be in the domain of many, if not most, health and human service professionals, occupational therapy can no longer claim a "unique" perspective without further clarification and advancing its knowledge base.
- The addition of psychosocial objectives for fieldwork students is an opportunity to evaluate and enhance agency wide occupational therapy practice.





#### **ACOTE Standard and Definition**

2020 ACOTE Standard C.1.3: "Ensure that fieldwork objectives for all experiences include a psychosocial objective".

**ACOTE Glossary Definition:** "Psychosocial as pertaining to the influence of social factors on an individual's mind or behaviour, and to the interrelation of behavioural and social factors" (Martikainen et al., 2002, p. 1091).

Although necessarily vague to allow for variations in a multitude of settings, the ACOTE standard and glossary definition do not provide guidance for developing meaningful objectives.





#### What is Psychosocial Occupational Therapy?

Psychosocial occupational therapy practice includes, but is not limited to, addressing behavioral health concerns (diagnosed or undiagnosed mental illness/symptoms, substance abuse, stress and trauma induced behaviors). Significant aspects of psychosocial occupational therapy are prevention, context and environment, inclusion and support.





# Psychosocially Informed Occupational Therapy Practice

- Application of Interpersonal Strategies
- Functional Assessment/Interventions
- Environmental Assessment/Intervention
- Referrals and Continuity of Care Plan

While each of these aspects are critical to authentic occupational therapy, they are not sufficient to develop psychosocial objectives without further linkage to specific psychosocial issues.





#### **Biopsychosocial Approaches**

- Sensory Processing (e.g. link to trauma)
- Executive Function (e.g. link to occupational deprivation)
- Pain Management (e.g. non-medical approaches)
- Physical Activity (e.g. link to prevention, mental illness & recovery)

These are all areas addressed by occupational therapists but for the purposes of psychosocial objectives, they should be linked directly to specific psychological and/or social issues.





#### Specific Psychosocial Issues

- Trauma (illness, injury, abuse, violence, poverty, displacement, etc.)
- Strengths/obstacles family, friends, peers, faith based community, personal attributes (resilience)
- "Secondary" client needs (e.g. caregivers)
- Social network (exclusion, isolation, stigma)
- Occupational justice issues (deprivation, injustice)
- Cognitive, sensory, affective, psychotic symptoms





#### Types of Psychosocial Objectives for Practice

- <u>Assessment</u> Global approach that addresses emotional, cognitive and social concerns/strengths, as well as environmental structures, stressors, obstacles and supports.
- Intervention Psychosocial objectives linked to reason for referral or organizational protocols. e.g. anxiety interfering with pain management; depression decreasing functional performance.
- Modified Interventions Timing and methods adapted to address sociocultural, emotional and cognitive status. e.g. a person under significant emotional distress usually requires additional time and simplified instructions. May also need ongoing structure and support to achieve goals.





# Types of Psychosocial Objectives for Additional Occupational Therapy Roles

- <u>Consultation</u> e.g. Providing in-service training on psychosocial related topics
- <u>Projects</u> e.g. Program development or specialty groups such as caregiver support. (Note: Project based activities may be especially useful for services that are problematic for reimbursement but could serve as a student capstone project).
- Collaborative Continuity of Care Discharge documentation that include ongoing psychosocial needs, as well as mechanisms for sharing information with discharge coordinators, case managers, and referral sources.





## Case Study Practice Session:

## Developing Psychosocial Objectives

(see handout)





#### Case Study Practice Session: Developing Psychosocial Objectives

As you review the Case Study: "Jason Returns Home", think about relevant assessments, interventions and other occupational therapy services.

Identify related tasks that can reasonably be performed by an intern and develop a psychosocial objective that is sufficiently general to apply to a wide sampling of clients at this facility. (This is NOT an individual treatment plan!)

Feel free to develop objective based on familiar standards or use the following format: Student/Intern will (perform task) given (conditions) as demonstrated by (measurement).

	<u> </u>	<u>usismusismusismusis</u>	JS[S KIUS IS GENERALIS IS GENER
	The student/intern will	given	
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#### Break Out Session - Small Groups

- Break into groups based on provided color code
- Facilitator guides discussion
- Identify one volunteer to record responses
- Identify another volunteer to share with large group





#### Closure

- Were you able to develop at least one objective that is realistic for your organization?
- Was the information helpful for you to develop psychosocial objectives with your staff?
- What further steps need to be taken for the advancement of psychosocial occupational therapy?
- Would you like further information or training on the concepts presented?

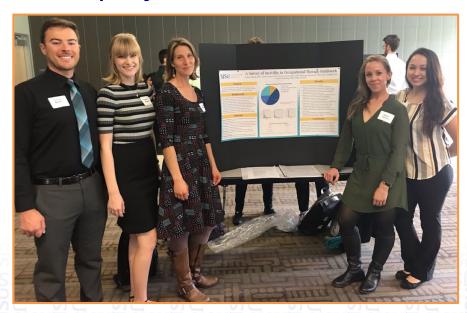
Contact: Anne MacRae anne.macrae@sjsu.edu





## A Survey of Incivility in Occupational Therapy Fieldwork: Capstone research project

- Research group members
  - Lauren Bland, OTS
  - o Aimee Castro, OTS
  - Adriana Covarrubias, OTS
  - Adrienne Dahlmeier, OTS
  - o Travis Dudley, OTS
- Research advisor
  - O Deborah Bolding, PhD, OTR/L, FAOTA



Pictured from left to right: Travis, Lauren, Adrienne, Aimee & Adriana





### **Objectives**

- Definition of Incivility
- Background of Incivility
- Research: Purpose, Methods, Results, & Limitations
- Implications
- Considerations





## **Definition of Incivility**

- Negative, rude, or disruptive behavior towards an individual.
- Single, isolated event.
- May cause the individual to experience psychological and/or physiological distress.





### Background

- Incivility is not uncommon in both the workplace environment and student internships.
- Early years of OT practice can provide an opportunity to build confidence and expertise, but incivility during internships can:
  - Increase stress and anxiety
  - Lead to poor mental health and loss of self-confidence
  - Affect student desire to attend their internship and pursue their career
  - Negatively impact patient/client care





#### **Purpose**

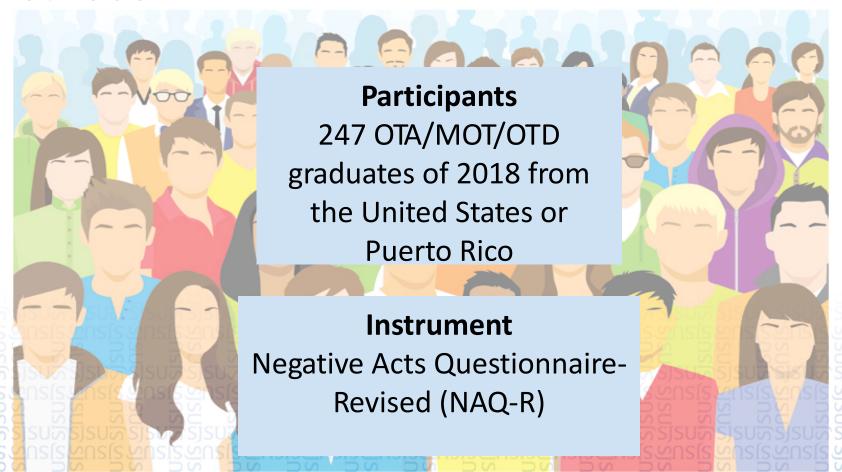
The research study was designed to explore the **incidence** and **type** of **perceived incivility** during occupational therapy students' fieldwork II

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#### Methods







#### Demographic Info:



Majority of respondents: White, female, & completed a master's in OT.

More than half of respondents: ages **25 to 34**.

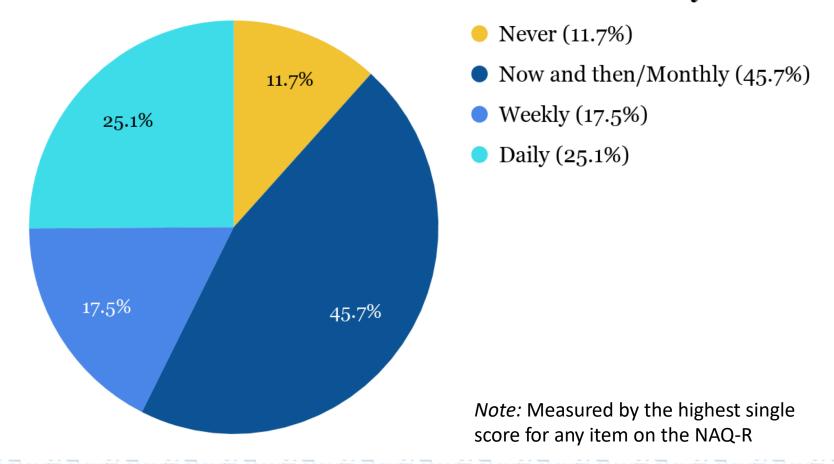


Geographic location of fieldwork was adequately represented across the U.S.





#### **Incidence of Student-Perceived Incivility**







#### **Incidence of Incivility by Subgroup**

Subgroup	Mean Score (SD)
Work-Related	1.76 (.82)
Person-Related	1.53 (.73)
Physically-Intimidating	1.17 (.43)

*Note*: Mean values of incivility measured on a scale of 1-5. 1: Never, 2: Now and Then, 3: Monthly,

4: Weekly, 5: Daily





#### Limitations

- Self-reported perceptions.
- Possible response bias.
- The perpetrators were not identified.
- Participants were not asked to differentiate between fieldwork placements.
- The NAQ-R was designed to measure workplace bullying.





## **Implications**

- Acts of incivility contradict the code of ethics set by the profession.
- The presence of uncivil behaviors may have negative longterm effects.
- Incivility in the work environment reduces the quality of client/patient care within that profession.



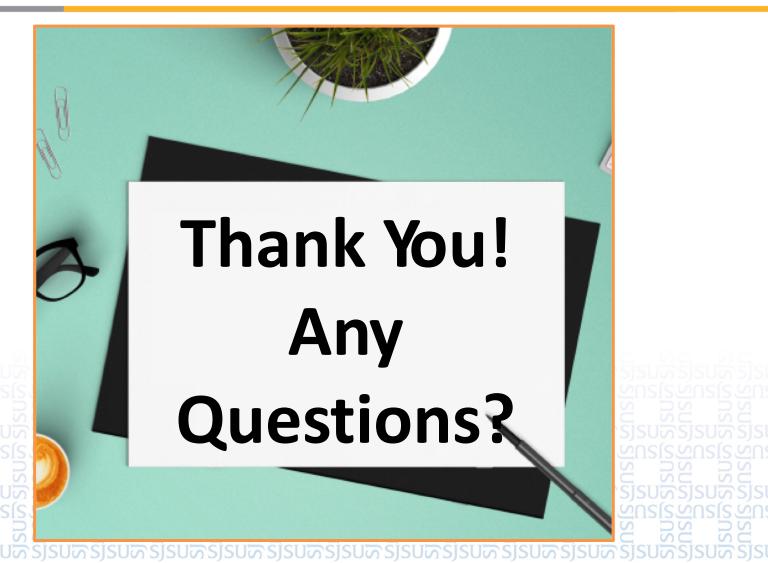


#### **Considerations**

- Organizations and educators should create a learning environment that fosters open communication between the student and their superiors.
- Universities should expand educational programs to incorporate comprehensive civility curricula.
- Organizations should outline clear expectations regarding professional behaviors for both the student and educator, and how to take action if expectations are not met.











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# Resources for Fieldwork Educators

Domenique Embrey OTD, MS OTR/L





Expectations				
of Fieldwork				
Educator				

Act as a mentor who guides the student to Act the next level Provide feedback and learning Provide opportunities Increase Gradually increase student's responsibilities Oversee written documentation and client

Oversee written documentation and client interactions

Evaluate Complete formal evaluation - FWPE







# Your Fieldwork Team

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#### Resources for you

- University staff and website
- AOTA website
- AOTA fieldwork educator's course
- SISOR SISOR







Select a Program

Prospective Students

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Home > Occupational Therapy - Fieldwork Educators Webpage

#### Samuel Merritt University

#### Occupational Therapy - Fieldwork Educators Webpage

Welcome! This webpage provides helpful resources for fieldwork educators who are currently supervising or scheduled to supervise fieldwork students from Samuel Merritt University.

For clinicians who are interested in becoming a fieldwork educator, please review the resources on this page and contact us at offieldwork@samuelmerritt.edu.



**OT Fieldwork** 

OT Fieldwork

Fieldwork Educators

Introduction

Resources

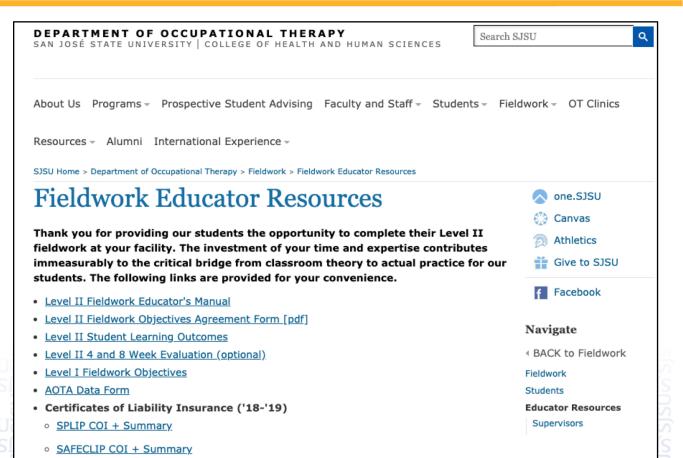
Forms

Students





# San Jose State University



• SJSU OT Program Overview





# Dominican University

Occupational Therapy

**About the Department** 

Undergraduate Program

Graduate Program

Prospective Students

Admissions

**Resources for Healthy Aging** 

**News and Events** 

**Hear From Our Students** 

**Faculty and Staff** 

Fieldwork

CONTACT US

**Department of Occupational** 

Therapy

50 Acacia Avenue San Rafael, CA 94901

Admission Questions?

Contact an Admissions Counselor

Current Student Questions

Have a fieldwork opportunity for our students?

otfieldwork@dominican.edu

415.458.3769

You are here: Home / Academics / School of Health and Natural Sciences / Occupational Therapy / Fieldwork

#### **FIELDWORK**

Fieldwork provides an essential link between the academic program and occupational therapy clinical practice. Through fieldwork experiences, students learn to apply their knowledge in a clinical or community setting. In addition to Bay Area placements, the Occupational Therapy Fieldwork Coordinator may be able to facilitate out-of-state and international placements.

#### Fieldwork I

Fieldwork I occurs during academic studies and is associated with focused clinical courses. Students complete three level I fieldwork experiences, working with children, adults, and older adults in a variety of settings, including schools, hospitals, group homes, low income housing, assisted living, and community-based agencies.

#### Fieldwork II

Fieldwork II include a minimum of two 3-month experiences as a full time intern in a setting where occupational therapy is provided.

Students are supervised by Registered Occupational Therapists (OTRs) who have completed all the academic and NBCOT requirements to be registered and have a minimum of one year of clinical experience beyond Fieldwork.

#### Location of Field Placements

The majority of Fieldwork sites working with Dominican University of California are in California. Dominican University OT students have completed internships throughout California as well as in Arizona, Colorado, Hawaii, Massachusetts, Minnesota, New York, and Oregon.

The purpose of fieldwork education is to provide occupational therapy students with the opportunity to apply the knowledge learned in the classroom to practice in the clinical setting. Fieldwork experiences are designed to enrich the coursework through observation and participation in the occupational therapy process. This serves to integrate academic knowledge with practical knowledge. (Costa and Burkhardt, 2003).

"Fieldwork was a great confidence builder as well as a powerful learning opportunity. I found that I have skills and knowledge to trust and to share with both clients and colleagues. Beyond client interaction, there were other great learning opportunities, like attending rounds in the neuroscience ICU, where we collaborated as an interdisciplinary team."

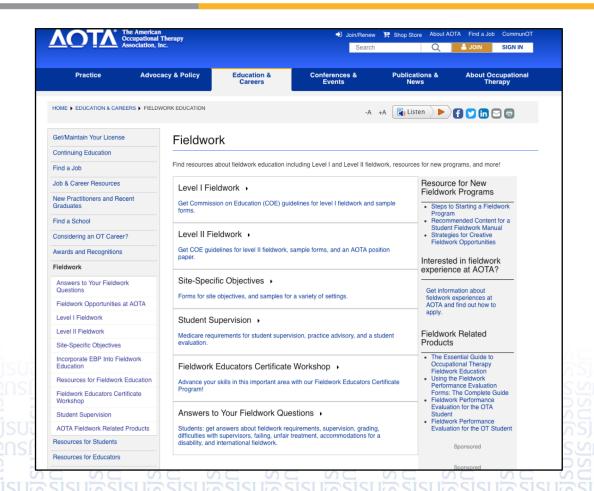
Sample Fieldwork sites

- Alta Bates Hospital

SINGS S







# AOTA resources

- Guidelines for each level
- Objectives
- FieldworkEducators Certificate
- Student supervision
  - Medicare requirements





#### Fieldwork Educator Certificate Regional Workshops

As an occupational therapy fieldwork educator, your knowledge, supervision, and direction are critical to the success of you and to the future of occupational therapy. AOTA is pleased to offer you the opportunity to advance your skills in this import the AOTA Fieldwork Educator Certificate Program!

What you can expect to gain from this unique 2-day training for fieldwork educators and academ fieldwork coordinators:

- · Deeper understanding of your role as a fieldwork educator
- Effective strategies to integrate learning theories and supervision models
- Increased skills to provide high-quality educational opportunities during fieldwork experiences
- · Interaction with trainers through dialogue and reflections about fieldwork
- . Engagement in 4 curricular modules: administration, education, supervision, and evaluation
- · Analysis of strategies to support best practice in fieldwork education
- · Continuing education credit (15 contact hours) toward licensure renewal

#### **Currently Available Courses**

Date	City	State	Lin
June 7-8, 2019	San Diego	California	Reg
June 8-9, 2019	North Haven	Connecticut	Reg
August 31-September 1	Sacramento	California	Reg
September 28-29, 2019	Richmond	Virginia	Reg

#### **Group Rate Discount**

- 5-9 paid: 10% off (\$202.50-member; \$323.10 nonmember)
- 10-14 paid: 15% off (\$191.25-member; \$305.15 nonmember)
- 15+ paid: 20% off (\$180-member; \$287.20 nonmember)

#### 2 day AOTA course

- Excellent Resource for all fieldwork educators
- Can send multiple staff
- University's can help you with hosting
- Continuing education credits provided.







#### **Mentoring**

- Using Level 1 as a stepping stone to Level II students
- Encouraging staff who have had students to share their experiences
- Build time into staff meetings to discuss departmental mentorship





### **Learning Contracts/ Tools**

- Multiple Options
- > Learning style inventories
- > FEAT
- Can turn a shaky fieldwork around
- > AFWC visit





#### The Fieldwork Experience Assessment Tool (FEAT)

A tool to promote communication and problem solving between the student and the fieldwork educator throughout the fieldwork experience. The FEAT examines 3 key aspects of fieldwork: the fieldwork environment, the fieldwork educator, and the student. On AOTA website





#### **Learning Contracts**

Useful when specific professional or clinical behaviors require improvement. The learning contract is an agreement that is developed collaboratively by the student and the fieldwork educator. Sample templates are provided by your academic fieldwork coordinator.





#### **Learning Style Inventories**

➤ The OT fieldwork literature suggests it is beneficial for fieldwork educators and students to communicate about learning styles (Robertson, et al, 2011). Two learning style inventories are available online, the <a href="VARK">VARK</a> and the <a href="Multiple">Multiple</a> Intelligences Self-Assessment.





## AOTA Self-Assessment Tool for Fieldwork Educator Competency

➤ Fieldwork educators can use this tool to evaluate their abilities in five competency areas: practice, education, supervision, evaluation, and administration. This assessment tool encourages self-reflection and helps fieldwork educators identify competency areas for improvement.







# snsis singly Yours Fieldwork Teams singly si

## Thank you! Your dedication to student learning is greatly appreciated!





#### SAN JOSÉ STATE UNIVERSITY powering silicon valley