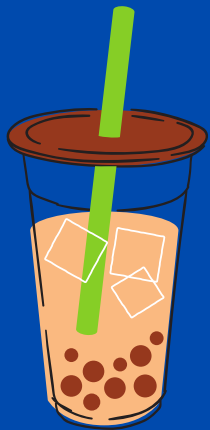
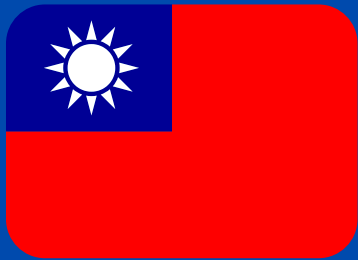


# Presents: Taiwan



The College of Health and Human Sciences (CHHS) has initiated a requirement for students to participate in an international experience prior to graduation. The goal of CHHS's international experience requirement is to introduce students to international and intercultural perspectives in order to prepare them to live and work in an increasingly globalized world.

Studying abroad is a high-impact educational practice that has been shown to increase student success and employability after graduation. The CHHS International Experience is designed to provide high-quality global learning experiences that are flexible, affordable, and relevant to students' degree programs and professional goals.

## KEEP UP WITH US:

Have any questions or concerns? Email us :



CHHS-INTERNATIONALEXPERIENCE@SJSU.EDU



# Taiwan

Taiwan is a country located in East Asia. The capital of Taiwan is Taipei. Almost two-thirds of Taiwan is covered with mountains. Visitors often enjoy Taiwan's night markets, hot springs and outdoor activities like hiking.

## The most common language is:

Chinese Mandarin

The English language is common in Taipei, but it would be helpful to learn basic phrases in Mandarin if you are going outside the capital.

## How to get around?

1. Train/Rail: Major cities and towns are connected by the Taiwan Railway Administration (TRA).
2. Bus: The cheapest way to explore with convenient connections.
3. Taxi: Easy to spot, but expensive.

## Best Time To Go!



TripSavvy / Michela Buttignol

**Travel to Taiwan:  
Things to know  
before traveling  
abroad**

## What to wear?

Pack light, with lightweight layers that are not too revealing. Taipei is very fashionable, western fashion is popular.

When visiting temples, dress modest.

## Popular Foods!

Popular foods you should try In Taiwan include beef noodle soup, braised pork rice, and chicken cutlet. Dessert that are popular include shaved ice and bubble milk tea.

Taiwan is also popular for its night markets. These usually operate daily where you can grab street food and drinks.

## Eating Etiquette:

1. Never stick your chopsticks vertically in your bowl.
2. Bring your rice bowl to your face
3. The host will often place food on your plate, you should try everything that is offered
4. Tipping your server in restaurants is not necessary.