$S \int S \bigcup \left\lvert\, \begin{aligned} & \text { COLLEGE OF HEALTH } \\ & \text { AND HUMAN SCIENCES }\end{aligned}\right.$ PRESENTS: FRANCE


The College of Health and Human Sciences (CHHS) has initiated a requirement for students to participate in an international experience prior to graduation. The goal of CHHS's international experience requirement is to introduce students to international and intercultural perspectives in order to prepare them to live and work in an increasingly globalized world.

Studying abroad is a high-impact educational practice that has been shown to increase student success and employability after graduation. The CHHS International Experience is designed to provide high-quality global learning experiences that are flexible, affordable, and relevant to students' degree programs and professional goals.

## KEEP UP WITH US: <br> f (O)ロ@SJSUCHHS

Have any questions or concerns? Email us :
CHHS-INTERNATIONALEXPERIENCE@SJSU.EDU


## FRANCE

France encompasses medieval cities, alpine villages and Mediterranean beaches. Paris, its capital, is famed for its fashion houses and classical art museums. The country is also renowned for its wines and sophisticated cuisine.

## FRENCH IS THE OFFICIAL LANGUAGE BUT...

French, the official language, is the first language of $88 \%$ of the population. Most of those who speak minority languages also speak French, as the minority languages are given no legal recognition. 3\% of the population speak German dialects, predominantly in the eastern provinces of Alsace-Lorraine and Moselle.


TRIPSAVVY / LARA ANTAL

Travel to France: Things to know before traveling abroad

## DRESS TO IMPRESS

- Women dress less casually day-today than Americans, but also less over-the-top in the evening.
- Avoid of athletic wear as street wear, including sweatpants and yoga pants
- Save Hawaiian print shirts, tank tops and Hard Rock Hotel tees for another time.


## FRENCH CUISINE

There is no "typical" French meal, most French dishes are regionbased and thus vary depending on where you are located - except breakfast

- French breakfast = tartine: a slice of bread, usually a baguette, smothered with a fruity jam. Almost always with coffee, hot chocolate or orange juice - sometimes with a yogurt and a croissant
- French dinner = A four-course meal served as follows: entrée (the appetizer), plat (main course), fromage (cheese) and dessert.
- A salad course would follow the main course.


## TOP 10 FRENCH FOODS

1. Croquet Madame 2. Coq au Vin
2. Steak frites 6. Croissants
3. Macarons
4. Onion Soup
9.Ratatouille
